

Can we go to Nanny's?

60 Second Mountain Climbers

Who are you talking to?

60 Second Flutter Kicks



When can I see my friends?

60 second run on the spot

I'm bored.

20 Sit Ups



Why?

10 Burpees



I need you!

15 Cycle Crunches

No.

60 Second Plank



I'm hungry, can I have a snack?

15 Star Jumps



Why aren't we at school?

20 Squats



What are you doing?

60 Second Wall Sit

Is that your work?

20 Lunges



Can I do reports with you?

15 Press Ups